

IB DIPLOMA – CAS Newsletter



Race for the cure

Our IB Diploma and Foundation Students participated in Race for the Cure to help raise awareness and funds for breast cancer research, showing their commitment to a global health issue.

As part of their race – preparation enhanced their physical fitness. Moreover, they collaboratively worked with peers and teachers to plan participation and fundraising. They shared their reflections with their CAS Advisors, developed empathy and gained a deeper understanding of the effects of breast cancer on individuals and their families.



Scuba Diving & Seabed Clean-Up



Through this experience our Diploma Students developed scuba diving skills and contributed to marine conservation by participating in underwater waste removal.



They practiced safe diving techniques to strengthen self-confidence and their sense of responsibility, underwater. Along with completing the required training sessions and adhering to safety guidelines.

Our students acknowledged the value of marine ecosystems whereas reflected on their obligation towards nature.

They all completed a certified Discover Scuba Diving programme and were inspired to start a new hobby.



Beach Clean-up

Our Diploma and Foundation Students by collecting litter in Latini Beach - Varkiza raised awareness about marine pollution.

Through teamwork and active service, they gained a stronger understanding of local environmental challenges.

Following the experience, students reflected on how human behavior impacts the environment, suggested sustainable practices and acknowledged how local environmental initiatives might support global sustainability goals.

